

Health Reference Series

Third Edition

Depression

SOURCEBOOK



Basic Consumer Health Information about the Symptoms, Causes, and Types of Depression, Including Major Depression, Dysthymia, Atypical Depression, Bipolar Disorder, Depression during and after Pregnancy, Pre-menstrual Dysphoric Disorder, Schizoaffective Disorder, and Seasonal Affective Disorder

Along with Facts about Depression and Chronic Illness, Treatment-Resistant Depression and Suicide, Mental Health Medications, Therapies, and Treatments, Tips for Improving Self-Esteem, Resilience, and Quality of Life While Living with Depression, a Glossary of Related Terms, and Resources for Additional Help and Information



*Edited by
Amy L. Sutton*

Depression Sourcebook

Shasha Hu



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