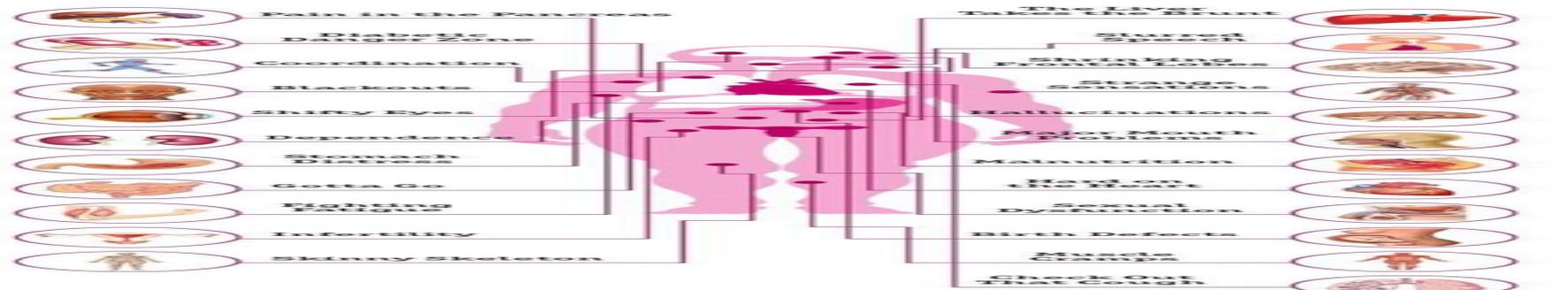
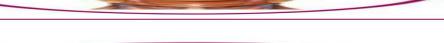


THE EFFECTS OF ALCOHOL ON THE BODY

Alcohol is a depressant that slows down the central nervous system. It affects the brain, liver, and other organs. The effects of alcohol on the body are both immediate and long-term. Some effects are temporary, while others are permanent. Alcohol can cause a variety of health problems, including liver disease, heart disease, and cancer. It can also lead to addiction and mental health issues. The amount of alcohol consumed and the frequency of consumption are important factors in determining the extent of the damage. It is important to be aware of the risks of alcohol and to drink responsibly.



| | | |
|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
|  | Pain in the Pancreas Alcohol is a major risk factor for pancreatic disease, including pancreatitis and pancreatic cancer. |  |
|  | The Liver Takes the Brunt Alcohol is a leading cause of liver disease, including fatty liver, hepatitis, and cirrhosis. |  |
|  | Diabetic Danger Zone Alcohol can raise blood sugar levels and interfere with diabetes medications. |  |
|  | Slurred Speech Alcohol slows down the brain, affecting coordination and speech. |  |
|  | Coordination Alcohol impairs the cerebellum, which is responsible for balance and coordination. |  |
|  | Shrinking Frontal Lobes Alcohol can damage the frontal lobes of the brain, affecting judgment and decision-making. |  |
|  | Blackouts Alcohol can cause blackouts, or periods of memory loss, due to its effects on the brain. |  |
|  | Strange Sensations Alcohol can cause tingling, numbness, and other strange sensations in the body. |  |
|  | Shifty Eyes Alcohol can affect the eyes, causing double vision and blurred sight. |  |
|  | Hallucinations Alcohol can cause hallucinations, or seeing things that aren't there. |  |
|  | Dependence Alcohol can lead to physical dependence, making it difficult to stop drinking. |  |
|  | Major Mouth Problems Alcohol can cause dry mouth, bad breath, and other oral health issues. |  |
|  | Stomach Distress Alcohol can irritate the stomach lining, causing pain and discomfort. |  |
|  | Malnutrition Alcohol can interfere with the body's ability to absorb nutrients, leading to malnutrition. |  |
|  | Gotta Go Alcohol is a diuretic, which means it increases the need to urinate. | |
|  | Hard on the Heart Alcohol can raise blood pressure and increase the risk of heart disease. | |
|  | Fighting Fatigue Alcohol can interfere with sleep, leading to fatigue and exhaustion. | |
|  | Sexual Dysfunction Alcohol can affect sexual performance and desire. | |
|  | Infertility Alcohol can reduce fertility in both men and women. | |
| | Birth Defects Alcohol consumption during pregnancy can lead to fetal alcohol spectrum disorders. | |
| | Skinny Skeleton Alcohol can interfere with bone density, leading to osteoporosis. | |
| | Muscle Cramps Alcohol can dehydrate the body, leading to muscle cramps. | |
| | Check Out That Cough Alcohol can irritate the throat and lungs, leading to coughing. | |

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Addiction Is A Choice

LL Leslie



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