

FRANCES MOORE LAPPÉ

DIET *for a*
SMALL
PLANET

ANNIVERSARY
50th
EDITION



“Frances Moore Lappé is one of the few people who can credibly be said to have changed the way we eat—and one of an even smaller group to have done it for the better.” —*The New York Times*

WITH A TIMELY INTRODUCTION PLUS
NEW AND UPDATED PLANT-CENTERED RECIPES

Diet For Small Planet

RC Schank



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