

# THE WAYS ALLERGENS CAN ENTER THE BODY

## What is an Allergy?

An allergy is when a person's immune system reacts to triggers (allergens) that the person is hypersensitive to and is usually harmless to most other people. Symptoms of an allergy can range from mild to potentially life-threatening (severe). It occurs when the body mistakes something as harmful and creates a defence system (antibodies) to fight it.

## The ways allergens can enter the body



**Ingested**  
(most common,  
in the mouth)



**Inhaled**  
(breathed in)



**Injected**  
(bees, wasps, ants  
or medication)



**Absorbed**  
(through touching  
the skin)

# Allergies A First First

**RJ Shavelson**



**Allergies A First First:**

Immerse yourself in heartwarming tales of love and emotion with is touching creation, Tender Moments: **Allergies A First First** . This emotionally charged ebook, available for download in a PDF format ( PDF Size: \*), is a celebration of love in all its forms. Download now and let the warmth of these stories envelop your heart.

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