

# Diabetes dictionary

## Blood glucose

Sugar in your blood – the body's main source of energy.\*



## Carbohydrate

Type of food that provides the body with energy. Carbohydrates are mainly sugars and starches that are broken down into glucose, a simple sugar that the body's cells use as fuel.\*



## Fast-acting insulin

This type of insulin acts quickly. It is typically given around mealtimes to help manage blood glucose levels.\*

## Glucose

Glucose is a type of sugar. People with diabetes have a high level of blood glucose (without insulin treatment).\*



## Insulin

Insulin is a hormone which helps cells to deliver blood sugar to the cells that need it.\*



## HbA<sub>1c</sub>

This is a blood test to measure your blood sugar levels and work out how well-controlled your diabetes is.\*



## Hypertglycaemia

This means high blood sugar. This occurs in people with diabetes when there is a lack of insulin, so sugar is not removed from the bloodstream.\*

## Hypoglycaemia

This means low blood sugar. Hypoglycaemia can be caused by taking too much insulin, not eating enough or by being more active than usual (without eating a snack or changing the insulin dose).\*



## Ketones

Chemicals that are produced when there is a lack of insulin and the body starts to break down fats for energy.



## Longer-acting (Intermediate) insulin

This type of insulin is usually given once or twice each day to provide a constant supply of insulin.\*



## Pancreas

The pancreas is an organ found next to your stomach which produces insulin.\*

## Premixed insulin

A mixture of a fast-acting insulin and a longer acting insulin, usually injected before breakfast and dinner.\*



## Pump

A device that delivers insulin via a tube that is inserted under the skin in the abdomen.\*

## Type 1 diabetes

Type 1 diabetes is more common in children than type 2.\* Type 1 diabetes happens when your body stops making insulin, which delivers energy to the cells that need it.\*

## Type 2 diabetes

Type 2 is more common in adults. Type 2 diabetes happens when not enough insulin is made by the body or the body can't use insulin properly. This type can be caused by poor diet or lack of exercise.\*



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## changing diabetes

At Novo Nordisk, we are changing diabetes in our approach to developing treatments, in our commitment to operate profitably and ethically and in our search for a cure.

This information on the poster is intended for children aged 11-13 years. It is not designed to replace the advice of your doctor or nurse. If you and your parents should always talk to your doctor or nurse if you have any questions about your diabetes.

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# Diabetes Dictionary 2002

**J Rink**



**Diabetes Dictionary 2002:**

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In a global driven by information and connectivity, the power of words has been evident than ever. They have the ability to inspire, provoke, and ignite change. Such may be the essence of the book **Diabetes Dictionary 2002**, a literary masterpiece that delves deep to the significance of words and their impact on our lives. Published by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book's key themes, examine its writing style, and analyze its overall impact on readers.

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