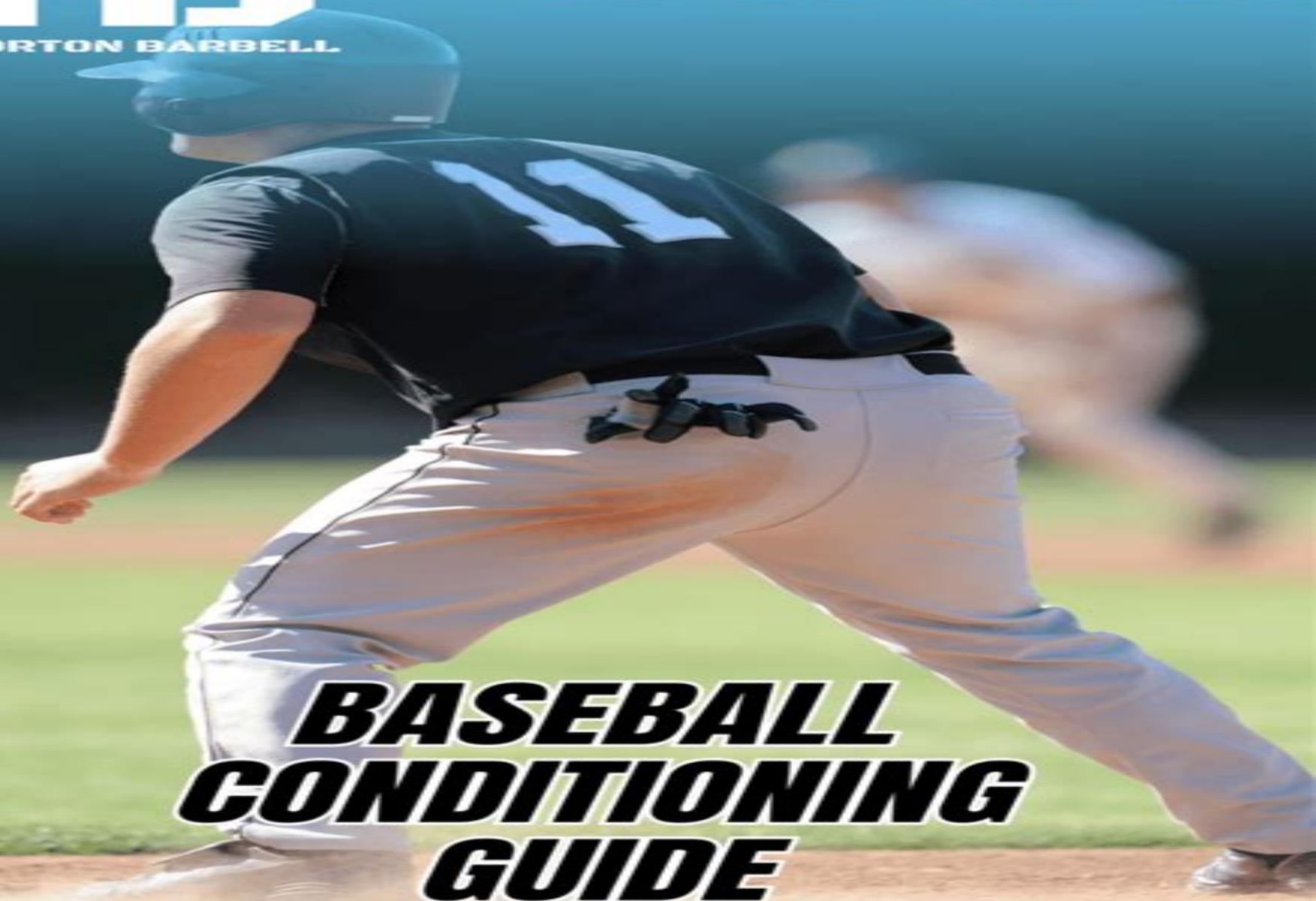


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BASEBALL CONDITIONING GUIDE

Complete Conditioning For Baseball

Mike Jess



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