

Compartmental Syndromes



Edited by
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About compartmental syndromes

A compartmental syndrome is a condition in which increased pressure within a limited space compromises the circulation and function of the tissues within that space. This condition is a cause of major loss of function, limb and even life. It can result from trauma, prolonged recumbancy (in surgery or resulting from drugs or alcohol), or physical activity. It is common enough to affect thousands of individuals each year, yet rare enough that each physician may encounter it only once or twice during his or her career.

Summary

Compartmental syndromes challenge even the best clinicians. These syndromes occur when locally increased tissue pressure compromises local circulation and neuromuscular function. The incidence of compartmental syndromes is rising along with the frequency of their various etiologies: extremity trauma, limb ischemia, intensive use of muscles, extremity surgery, and drug and alcohol abuse. Despite this increase in frequency, the compartmental syndrome remains sufficiently uncommon in the experience of the average practitioner that he may be unfamiliar with its diagnosis and management. Because prompt treatment of compartmental syndromes is essential, the consequences of this unfamiliarity may be serious. Even to those most familiar with them, compartmental syndromes pose major problems in pathogenesis, diagnosis, and treatment. For example, the precise effect of increased tissue pressure on the micro-circulation—the key to understanding compartmental syndromes—remains a matter of considerable conjecture.

The clinical diagnosis of a compartmental syndrome is frequently made difficult by the fact that other conditions may produce similar symptoms and signs. Although new diagnostic methods, such as tissue pressure measurement, have been described, they have failed to completely resolve these problems of differential diagnosis. This failure is a result of practical problems in the

Compartmental Syndromes

Ann Harwood-Nuss



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