

A photograph of a muscular man from the waist up, shirtless, with his hands on his lower left abdomen. The area of his abdomen is highlighted with a red glow, indicating pain. He has a pained expression and is looking down. The background is a plain, light color.

UNDERSTANDING AND MANAGING LOWER LEFT ABDOMINAL
MUSCLE PAIN: A GUIDE

Abebing Pain

Guillaume Favre



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