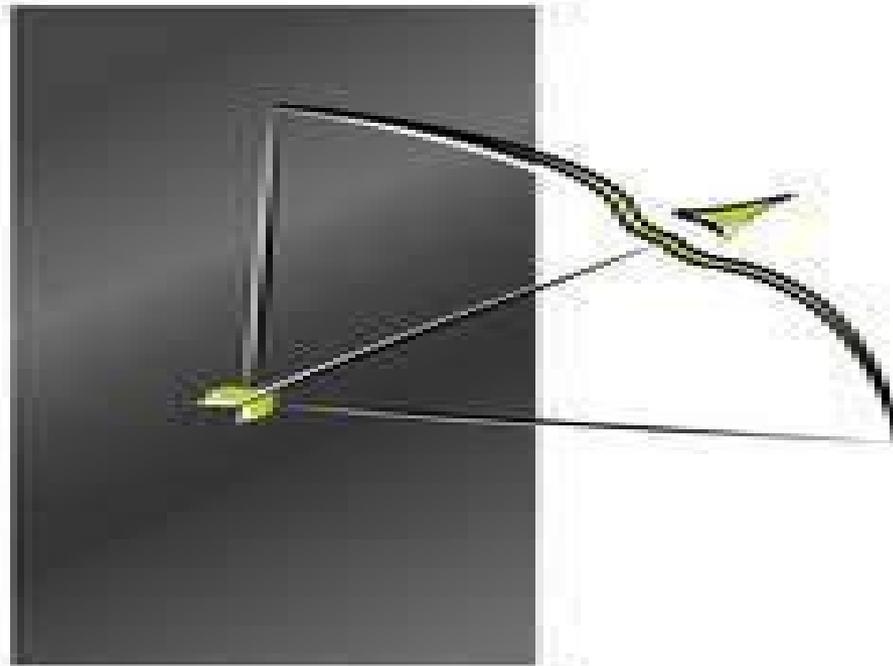


Coping with a **STRESSED NERVOUS SYSTEM**

Autonomic Overload Explained



**DR KENNETH HAMBLY
& ALICE MUIR**

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