

# THE ULTIMATE BABY ESSENTIALS CHECKLIST

## *Sleeping*

- 1. Crib or bassinet
- 2. Firm mattress
- 3. Fitted sheets
- 4. Swaddling blankets
- 5. Sleep sacks
- 6. Baby monitor
- 7. Blackout Curtains
- 8. Safe Sleep Guidelines
- 9. Nighttime Diapering Supplies
- 10. Nighttime Feeding Supplies
- 11. Comfortable Clothing
- 12. Pacifier



## *Breastfeeding*

- 1. Breast pump
- 2. Burp cloths and bibs
- 3. Nursing Pillow
- 4. Nursing Bras
- 5. Milk storage bags/ containers
- 6. Nursing pads
- 7. Nipple cream/ Lanolin
- 8. Nursing Cover or Shawl
- 9. Breastfeeding-friendly Clothing
- 10. Breastfeeding Books/ Resources
- 11. Water Bottle and Snacks
- 12. Patience



## *Diaper Change*

- 1. Diapers
- 2. Baby Wipes
- 3. Soft Washcloths
- 4. Diaper rash cream
- 5. Changing pad
- 6. Diaper bag
- 7. Waterproof Changing Pad
- 8. Diaper Pail or Trash Can
- 9. Extra Clothing
- 10. Distraction Toys
- 11. Safe Changing table
- 



## *Formula Feeding*

- 1. Bottles
- 2. Nipples
- 3. An appropriate formula
- 4. Feeding times/ amount schedule
- 5. Bottle Brush
- 6. Sterilizer
- 7. Formula Dispenser
- 8. Insulated Bottle Bag
- 9. Bottle Warmer
- 10. Nursing Pillow
- 
- 



# Do It Yourself Essentials

**CH Cherryholmes**



## **Do It Yourself Essentials:**

## The Enigmatic Realm of **Do It Yourself Essentials**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing in short supply of extraordinary. Within the captivating pages of **Do It Yourself Essentials** a literary masterpiece penned by a renowned author, readers attempt a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book's core themes, assess its distinct writing style, and delve into its lasting effect on the hearts and minds of those that partake in its reading experience.

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