

**TABLE 2-1 CPR SKILL COMPARISON**



Skill Components	Adult	Child	Infant
<b>HAND POSITION</b>	Two hands in center of chest (on lower half of sternum)	Two hands in center of chest (on lower half of sternum)	Two or three fingers in center of chest (on lower half of sternum, just below nipple line)
<b>CHEST COMPRESSIONS RESCUE BREATHS</b>	At least 2 inches Until the chest clearly rises (about 1 second per breath)	About 2 inches Until the chest clearly rises (about 1 second per breath)	About 1½ inches Until the chest clearly rises (about 1 second per breath)
<b>CYCLE</b>	30 chest compressions and 2 rescue breaths	30 chest compressions and 2 rescue breaths	30 chest compressions and 2 rescue breaths
<b>RATE</b>	30 chest compressions in about 18 seconds (at least 100 compressions per minute)	30 chest compressions in about 18 seconds (at least 100 compressions per minute)	30 chest compressions in about 18 seconds (at least 100 compressions per minute)

# Community Cpr American Red Cross

**Peipei Pang**



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