

A professional cyclist is shown in a dynamic, forward-leaning position on a road bike. The cyclist is wearing a black helmet, red-tinted sunglasses, and a red and black triathlon suit. The background is a blurred asphalt road with a white dashed line, suggesting a race or training session. A semi-transparent black horizontal band is overlaid across the middle of the image, containing the title text.

CYCLING'S MUSCLE ACTIVATORS:
A FULL-BODY WORKOUT

CYVIGOR

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